

P Pleas that linger in your mind,  
H Harassed by distressing matters.  
I In God you will find tranquility.  
L Listening to all your anxieties and troubles  
I is an omniscient Lord  
P patiently waiting for you to bring Him your ordeals.  
P Pounding thoughts turn into merriment,  
I intelligence will replace your uncertainties,  
A and hymns will be your anthem.  
N No one else but the God Almighty can bring this  
S salvation that's freely given.

4: Before all things,  
6 submit all to the Lord,  
7 and He will give you new life.

“Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God which surpasses all understanding, will guard your hearts and mind through Christ Jesus.”

Philippians 4:6-7