

## **Proactive Behavior Interventions**

Beth Ackerman, Ed.D.

[backerman@liberty.edu](mailto:backerman@liberty.edu)

### **BE POSITIVE**

- ✓Be able to laugh at yourself
- ✓Use humor as a tool, not a weapon
- ✓Encourage, don't criticize
- ✓DON'T WORRY! PROBLEM SOLVE!
- ✓Build Relationships

### **BE FUN**

- ✓Be Creative
- ✓Make your classroom a place to want to be
- ✓Provide a variety of activities
- ✓Give the children success

### **BE STRUCTURED**

- ✓Manipulate the surroundings
- ✓Be organized
- ✓Always keep an eye on the students
- ✓Teacher movement
- ✓Stick with a schedule
- ✓Have clear classroom rules
- ✓Don't assume prior knowledge

### **Classroom Rules**

- ✓Specific and concise
- ✓Only 4-6 rules
- ✓Stated in a positive manner
- ✓POSTED in the classroom
- ✓Each rule is taught to the students

### **BE CONSISTENT**

- ✓Use promises and rewards
- ✓Set and clearly explain limits
- ✓Explain situations
- ✓Model appropriate behavior

### **Modeling Appropriate Behavior**

- ✓Luke 6:40 says "...after he has been fully trained, he will be like his teacher".
- ✓Phil.4:9 - "The things you have learned and received and heard and seen in me, practice these things, and the God of Peace will be with you"
- ✓I'd Rather See a Sermon than Hear One

### **Effective Limit Setting**

- ✓Be consistent. Guidelines must remain similar among all staff and situations

- ✓State clear, reasonable, enforceable expectations
- ✓Give brief reason for the limit
- ✓Provide a choice or alternative
- ✓Follow through with a consequence
- ✓Evaluate the limit and its effectiveness

### **Effective Limit Setting**

- ✓Limits and consequences should be immediate
- ✓Recognize when help is needed to carry out a limit.
- ✓Separate the individual with a problem from the group
- ✓Remain calm and matter-of-fact
- ✓Don't lecture, don't shout, don't threaten

### **Sample Positive Reinforcements**

#### **ALWAYS START WITH LEAST RESTRICTIVE**

- ✓Positive words
- ✓Positive calls home
- ✓Behavioral contracts
- ✓Points/levels system
- ✓Token economy

### **Punishment and Negative Reinforcement**

#### **ALWAYS START WITH THE LEAST RESTRICTIVE**

- ✓Verbal reprimands, frowns, reminders, etc.
- ✓Imposing in-class separation (time out)
- time out versus time away
- ✓Removal from classroom (time out or isolation room/area)
- ✓Send home

### **Examples of Less Obtrusive to More Intrusive**

- ✓Proximity control
- ✓Voice control
- ✓Pause. Stop what your doing
- ✓Distraction
- ✓Eye contact
- ✓Rule reminder
- ✓Rewards
- ✓Token economy
- ✓Loss of privileges
- ✓Phone calls home
- ✓Separation from the group
- ✓Time outs

### **FAIRNESS**

- ✓BE FLEXIBLE

- ✓ Show children that you value them

### **Token Economy**

- ✓ Student Driven not Teacher Driven
- ✓ Observable and specific behaviors
- ✓ Time intervals
- ✓ Rewards
- ✓ Should not ever take tokens away from the student

### **Cooperative Learning**

- ✓ Work in groups to earn points and prizes
- ✓ Give attention to the positive behavior
- ✓ Do not take points away
- ✓ Heterogeneous vs. Homogenous Groups

Ackerman, B. (2007). *PRAISE - Effectively Guiding Student Behavior*. Association of Christian Schools International. Colorado Springs: CO.

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